



Louise Arbour F.I. Newsletter

September 2021

Principal: Mme. Blais
Vice Principal: Mme. Hollander
Secretary: S.Earls & M. Riehl
Superintendent:
L. Griffith-Jones

Important Dates Coming Up

September 23 - COVID-19
School Vaccination Clinic

September 24- P.D Day

September 29 - Terry Fox

September 30 - Orange
Shirt Day, Every Child
Matters

October 4 - School Council
Meeting

October 6 - Home &
School Meeting

October 11- Thanksgiving

[Louise Arbour F.I.P.S](http://www.louisearbour.ca)

365 Belfield St.
London ON N5Y 2K3
519-452-2820
louisearbour@tvdsb.ca

Admin Message

Welcome back to the 2021-2022 school year. We are so excited to welcome all our students back to school whether it be in-person or virtually. Our devoted staff members are already engaging your child(ren) in amazing educational activities. Our fantastic administrative assistants have been incredibly busy registering new families while keeping our school running in tip top shape. We are grateful to our hard working custodians who spent the entire summer thoroughly cleaning to keep our school polished and clean.

Our amazing school community has welcomed over 640 in-person learners attending school every day. We welcome all of our new students and families to our dynamic learning community.

Thank you for your ongoing support of Louise Arbour French Immersion Public School. It is an honor and privilege to serve as your school administration team. Together, we know we will make this school year one of growth and achievement for all of our students.





Orange Shirt Day, Every Child Matters - Thursday, September 30, 2021

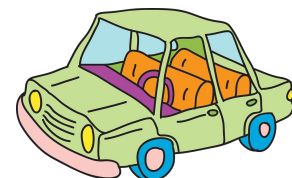
Every year, Orange Shirt Day, Every Child Matters is held on September 30th. All schools and classrooms in the Thames Valley District School Board will be recognizing this important Nation-wide initiative to honour survivors and remember those who didn't make it home.

We extend our sympathies to survivors, families, Indigenous Nations, and all those affected by the continued announcements of located graves on the sites of former Residential Schools.



Terry Fox Run

The Terry Fox Run will be taking place at Louise Arbour on September 29th. Classes will be participating in the run/walk with their same-grade peers throughout the day at staggered times. We are pleased to continue honouring Terry Fox's legacy and supporting cancer research through participation in this run.



Drop-Offs and Pick-Ups

A couple of reminders to keep everyone safe when arriving in the morning. We ask that if you are pulling into the parking lot area for a drop-off, that you not exit your vehicle unless you are parked in a designated parking spot. Ideally, we ask that you park on the street and walk your child to the yard entrance.

Similarly, at the end of the day, if you are picking up your child, please park on the street and walk to the yard entrance to meet your child. This courtesy will allow our buses to exit more easily and stay on schedule. Thank you for your cooperation.

Supporting Students with Prevalent Medical / Health Conditions in Schools

To ensure children with **potentially life-threatening medical conditions** remain safe while attending school, TVDSB requests Parents/Guardians update the necessary medical information on the Parent Portal so that an Individual Plan of Care (IPOC) for the student can be reviewed by the school's administration. Medical conditions considered potentially life-threatening may include:

1. Asthma
2. Anaphylaxis
3. Epilepsy
4. Type 1 Diabetes
5. Any other potentially life-threatening condition that could result in a medical incident*
(discuss with your school administrator)



Parents/Guardians can provide important information about their child's life-threatening or prevalent medical condition by logging into the TVDSB Parent Portal and clicking on the following tab: **Student Medical Information**. Once an Individual Plan of Care is submitted, the school administrator will then review the information. Parents/Guardians may be contacted for further information, if required.

Parents/Guardians who cannot access the Parent Portal on the Internet should contact the school office.

Please note that Parents/Guardians are expected to be active participants in supporting the management of the student's prevalent medical condition(s) while the student is in school. **It is the responsibility of Parents/Guardians to inform the school of such conditions to ensure the student's safety at school.**

**A medical incident is a circumstance that requires an immediate response and monitoring, since the incident may progress to an emergency requiring contact with Emergency Medical Services – 911.*

Packing a Healthy School Lunch

A school lunch should give children the energy and nutrients they need to learn, be more alert and do well at school.

When planning lunches keep these tips in mind:

- Include a variety of foods each day.
- Rather than buying pre-made lunch kits, make your own healthy lunch kit with divided containers and small bite-sized cheese cubes, left-over chicken chunks, whole grain cereal, veggie sticks or fruit slices.
- Offer hummus or other dips with cut up veggies like cucumber slices, zucchini sticks and pepper strips.
- Fill whole wheat or multi-grain wrap/pitas/tortilla shells with your child's favourite foods like hummus and grated carrot or shredded cheese and beans.
- Send water to drink – it is the best choice for all of us.

Keep in mind that children who help to prepare their lunch are more likely to eat it! Even small children can help decide between two different veggie or fruit choices and count crackers into reusable containers.

For more ideas, tool and resources to support packing healthy lunches, check out Packing Healthy School Lunches and Snacks or visit www.unlockfood.ca and search for 'Packing Healthy School Lunches and Snacks'.

Adapted from www.brightbites.ca



Bonjour les loups! Did you know that Louise Arbour is a certified Eco-School? As a school, we strive to be responsible eco citizens and we always strive to practice environmental stewardship. In order to keep working towards our certification each year, we also encourage all students to bring **waste-free** lunches to school. By cutting back on food waste and packaging we can have a big impact on the environment! As you're packing lunch for your student, or with your student, we encourage waste-free practices. Our waste-free tip for September is to eliminate plastic waste by cutting back on the use of plastic water bottles and packing reusable water bottles instead! We have a water bottle refill station at our school that students may use throughout the day.

Merci,
LAFI Éco-Équipe



School Council
2021/22

Please join us at our first meeting
Monday October 4, 2021

6:00pm to 7:00pm.

Please email

sc-louisearbour@tvpic.ca

if you are interested in attending.

Welcome Back!

*The first meeting of the year is to elect this years
School Council.*

**If you are interested in becoming a member of School
Council, please send an email to the School
Administration and they will send you a nomination form.
s.blais@tvdsb.ca or i.hollander@tvdsb.ca**

School councils are local bodies that support improved student achievement and well-being through the involvement of parents and enhance the accountability of the education system to parents. They advise principals and, where appropriate, school boards on issues affecting education programs and the operation of individual schools. School councils focus on increasing parent involvement within the school community as a key factor in improving student achievement and well-being. To achieve this goal, school councils work with the school principal to create a welcoming environment, increase opportunities for parents to provide input on and respond to school and board initiatives, identify barriers to parents' engagement in their children's education, and implement strategies to overcome the barriers. - TVDSB School Councils Overview Document

Louise Arbour F.I.P.S. School Council

Teams Meeting

October 4, 2021

6:00 p.m.

Microsoft Teams meeting

Join on your computer or mobile app

[Click here to join the meeting](#)

Join with a video conferencing device

719928863@t.plcm.vc

Video Conference ID: 116 581 164 4

[Alternate VTC instructions](#)

Or call in (audio only)

+1 226-213-5352,,72913216# Canada, London

Phone Conference ID: 729 132 16#

[Find a local number](#) | [Reset PIN](#)



School Council Candidate Nomination Form Louise Arbour Public School – 2021-2022

Parents and guardians are invited to self-nominate for a parent/guardian representative position on school council.

Please email your completed nomination form to s.blais@tvdsb.ca by Monday, September 27th, 2021. Elections will take place during a virtual school council meeting on Monday, October 4th.

Name: _____
(please print)

Home phone # _____

I am the parent/guardian of _____
(please print student's name & date of birth)

whose home school is currently registered as Louise Arbour French Immersion Public School.

Please check the box next to the position you are interested in running for:

- Chairperson
- Vice – Chairperson
- Secretary
- Treasurer
- Parent Representative

Please describe why you are interested in the above noted position. This information will be shared with other parents/guardians prior to the election, if required.

I wish to declare my candidacy for an elected position as a parent representative on the school council. I understand the role and responsibilities of a member of the school council as described in the Thames Valley District School Board's school council policy.

Candidate signature _____ Date _____

Parent Login Information for School Messenger

From School Messenger, you can report your child's absence, see school notifications and messages from your child's classroom.



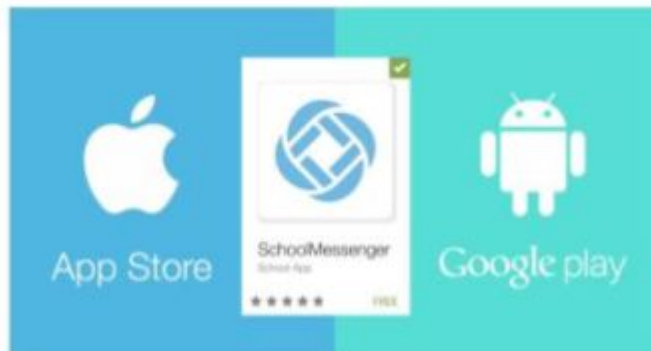
On a computer, go to www.schoolmessenger.ca/start

Click on Sign Up

Create an account using the email you have on file with Louise Arbour F.I.

OR

Download School Messenger App



The link below gives instructions on how to input your student's absence:
<https://www.tvdsb.ca/en/parents/school-messenger-step-by-step-guide.aspx>