



Louise Arbour F.I. Newsletter

Fall 2021

Principal: Mme. Blais
Vice Principal: Mme. Hollander
Secretary: S.Earls & M. Riehl
Superintendent:
L. Griffith-Jones

Important Dates Coming Up

- Oct. 31- Halloween
- Nov. 4- Diwali
- Nov. 5- Progress Reports go home
- Nov. 11- Remembrance Day
- Nov.12- P.D Day
- Nov. 20- Transgender Day of Remembrance
- Spirit Days
 - Nov. 2- Hat Day
 - 5- Spirit Day (red, blue & grey) & Gum Day
 - 19- Backwards Clothes Day
 - 26- Tye Dye Day

[Louise Arbour F.I.P.S](http://www.louisearbour.ca)

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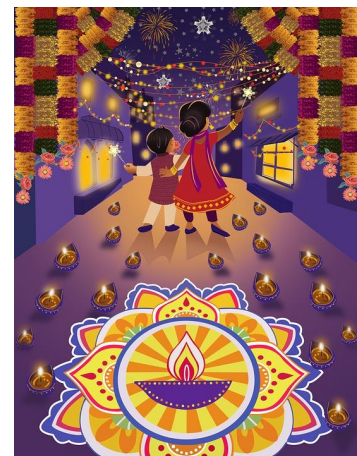
Admin Message

It is hard to believe that November is just around the corner. With two successful months under our belt, students and staff continue to celebrate many positives. We are excited to see the cautious return of organized sports such as cross country running and intramural volleyball. Merci to our staff who are providing these opportunities to our students! And thanks to the lovely extended summer-like weather, teachers have fully embraced outdoor learning and taken their classes outdoors when possible for Art, Science, Language, Math, and of course Physical Education.

With Halloween approaching we wanted to share a few reminders about costumes and treats. Students are welcome to wear a costume to school, or dress in orange and black to celebrate, if they choose to participate. Please ensure that costumes do not include weapons or masks. Students may also bring individually packaged, store-bought, nut-free treats to school.



We are also very excited to celebrate Diwali with our community beginning next week, as volunteers come in to decorate and educate us about this celebration. Thank you to our community members who are providing the decorations for our school and offering their time.



Louise Arbour F.I.P.S. School Council

Teams Meeting

November 1 , 2021

6:00 p.m.

Microsoft Teams meeting

Join on your computer or mobile app

[Click here to join the meeting](#)

Join with a video conferencing device

719928863@t.plcm.vc

Video Conference ID: 117 450 382 5

[Alternate VTC instructions](#)

Or call in (audio only)

+1 226-213-5352,,455424420# Canada, London

Phone Conference ID: 455 424 420#

[Find a local number](#) | [Reset PIN](#)

[Learn More](#) | [Meeting options](#)

Louise Arbour F.I.P.S. ~ Home & School

Teams Meeting

November 3, 2021

6:30 p.m.

Microsoft Teams meeting

Join on your computer or mobile app

[Click here to join the meeting](#)

Join with a video conferencing device

719928863@t.plcm.vc

Video Conference ID: 116 662 010 0

[Alternate VTC instructions](#)

Or call in (audio only)

+1 226-213-5352,,319686340# Canada, London

Phone Conference ID: 319 686 340#

[Find a local number](#) | [Reset PIN](#)

[Learn More](#) | [Meeting options](#)

You Retweeted



Mme Psellas @Trin... · 2021-10-18 ...

We started building our sound wall/ notre mur sonore! This is a great resource for students when they help need with a letter sound. Take a look - so many consonants make the same sound in English AND in French.

[#learningtogether](#) [#jepeux](#)
[@louisearbourfi](#) [@KabsRiley](#)
[@TVDSBLiteracy](#)



Michelle Crow @m... · 2021-09-27 ...

Merci Mme Allen for the story and discussion about [#TruthandReconciliationDay](#) - it's a hard, but necessary conversation to have. So proud of [#23MC](#) for asking deep questions and making connections! [@louisearbourfi](#)



Ms. Stewart @missjlstewart · 3d ...

Today we went on another leaf hunt and then sorted them by size. There are so many ways to sort the beautiful fall leaves! [@louisearbourfi](#)



You Retweeted

Michelle Crow @m... · 2021-09-29 ...

We had so much fun at our [#TerryFoxRun](#) today! Merci [@MmeSingh](#) and Mme Gorira for a fun afternoon! [#belikeTerry](#) [#perseverance](#) [@louisearbourfi](#)



♥ Mme Psellas and 2 others liked
Michelle Crow @mmecrow · 4d ...
 Today we counted to 100! Students discovered that there really are 10 groups of 10 in 100, alors, dix dizaine font 1 centaine! Combien de centaine sont dans la salle de classe?
 #magnitude #placevalue #onehundre #23MC @louisebourfi



Julia L @Jewlya_L · 2021-10-15 ...
 Check out 8JL @louisebourfi 's sculptures (in progress) based on historical Art movements!! So impressed!



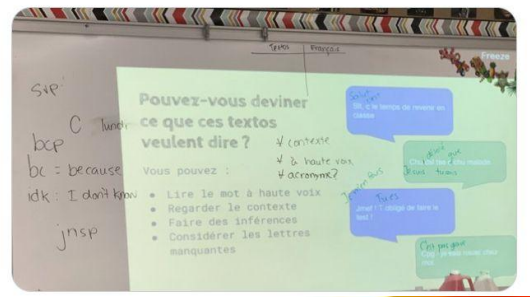
🗨️ ↻️ 1 🍷 15 📤

Mme Nakeyar @mme_nake... · 18h
 What a great day exploring the elements of art in nature at Pond Mill @LdnEEC! We didn't let the rain stop us from enjoying the beautiful colour textures and scenery! Check out all the details & textures we found with macro lens! #TVDSBOutdoorEd Nou: sommes des explorateurs!



↻️ You Retweeted
Taylor Shanahan @mmesha... · 6d ...
 Today, we practised our decoding skills with the help of texting in French! Later this week, students will create their own texting conversations like what we are seeing in La Plus grosse poutine du monde!
 @louisebourfi

@TVDSBFSL



Online Safety Tips for Caring Adults

Online Safety Tips

Learn how to navigate the websites/apps/chat rooms that your child accesses.

Show your child how to create secure and unique passwords, eg. PizzaCat25!

Teach the importance of pausing and thinking before posting as posts can be difficult to remove.

Remind your child never to share personal information online.

Review and set privacy settings.

Remind your child that they need permission to post photos of others.

Teach Your Child Mindful Messaging

Before you text, tweet, send, or post.. take a moment to:

- Take a deep breath
- Notice how you are feeling
- Re-read your message
- Ask yourself "is the message true?"
- Think about how the message will be received
- Think about what will happen next
- Change the message if needed

Keep in Mind

- If you are hurt, angry, or confused it is wise to wait before hitting send
- Don't send messages that you would not say to the person's face.

Healthy Online Behaviour



Explain that how you behave online should reflect how you behave in person.

Encourage your child to speak to a trusted adult if something makes them feel uncomfortable.

Suggest taking regular breaks from technology.

Ensure that websites/apps/platforms/etc. are appropriate for your child's age and stage of development.

Adapted from <https://kidshelpphone.ca/get-involved/programs/resources/open-conversation-young-person/online-safety-tips-caring-adults>

Start the Conversation

Set a positive tone by validating the importance of technology in your child's life.

Discuss what your child does online, and who they interact with.

Ask if they've received any unwanted messages and listen to their stories.

Teach them strategies when feeling uncomfortable with online interactions:

- do not message back
- do not retaliate
- report to caring adult
- keep a record
- block the person

Let them know that if you feel there is a concern you may need to look at their electronic communications.

Allow for negotiation when creating agreements as this will promote your child taking ownership.



Adapted from <https://www.publicsafety.gc.ca/cnt/ntrl-scr/cbr-scr/cbrtling/prmts/prvnt-cbrtling-en.aspx#a04d>

Online Safety Resources

[Kids Help Phone](#): Online safety: Tips for caring adults

[Media Smart](#): Digital and media resources for caring adults

[OPHEA](#): Internet safety resources for caring adults

[Public Safety Canada](#): How can you prevent cyberbullying

Mental Health Resources

[Kids Help Phone](#): 24/7 crisis support: 1-800-668-6868, text 686868, www.kidshelpphone.ca for web chat

[Reach Out Crisis Support](#): (519)433-2023 or 1-866-933-2023, www.reachout247.ca for web chat

These underlined hyperlinks provide great information

Home Connections in Mathematics

November 2021 'Fact Fluency'

“Children should learn their number facts. However, they would benefit from learning their facts by using an increasingly sophisticated sense of strategies rather than by jumping directly to memorization.”

(Lawson, 2016)

Knowing Your Facts: Just One of the “Basics”

What do you think of when you hear, “getting back to the basics” in mathematics? Well, the basics can mean anything from counting, to computation, to problem solving. But *basic facts* refers to the set of single digit number facts for addition and multiplication, and their related subtraction and division facts. For example, $7 + 8$, $15 - 7$, 5×6 , $30 \div 6$, are all basic facts.

One of the fundamental skills that children need to have in mathematics is to master their basic facts. *Mastering math facts* involves understanding and recalling math facts using a variety of strategies.

How Should Children Master Math Facts?

Most children will learn math facts gradually over a number of years. During this time, they should be encouraged to use what they already know to help them solve for facts they don't know yet. For example, to solve for 6×8 , they may use the known fact $5 \times 8 = 40$ and add one more group of 8 to get 48. Over time, this reasoning will help children master facts and eventually become more fluent.

The goal is not *memorization* of facts, but *automaticity* which is the quick and effortless recall of math facts.

Asking your child to memorize without opportunities to reason and visualize is not an effective way to commit facts to memory.

Games to Master Math Facts

Games are fun to play over and over again, and therefore are an excellent way to provide repeated practise for students to learn their facts. When your child is not able to immediately recall a fact, encourage them to use what they do know to help them solve it rather than simply telling them the answer.

TRY THESE GAMES:

Go Fish for 10!

You need: 2 players
One deck of cards (Aces, Queens and 2 to 10)



Queen = 0 Ace = 1

<https://www.youtube.com/watch?v=8hgbL08XkDg>

Lay the deck of cards face down on the table. Each player selects three cards from the deck. The goal is to make pairs that add to 10. The first player looks for a pair in their hand, and if they find a pair, they lay that down for a point and pick up two more cards from the pile. If they don't find a pair, they ask their partner for what they need to make a ten pair. If the partner has the card, they pass it over. If they don't have the card, they say “Go Fish!” and the first player draws a card from the pile. Switch turns. Play continues until there are no remaining cards.

Addition Challenge

One deck of cards (A to 10)

Players split a deck of cards and flip over the top two cards at the same time. They add their own cards and the person with the largest sum takes all the cards. Person with the most cards at the end of the game wins.

This game can also be played to practice subtraction and multiplication.

Here are several more dice and card games to practice math facts.

Home Connections in Mathematics

November 2021 'Fact Fluency'

[https://www.granby.k12.ct.us/uploaded/faculty/wyzika/Dice and Card Games to Practice Math Facts.pdf](https://www.granby.k12.ct.us/uploaded/faculty/wyzika/Dice%20and%20Card%20Games%20to%20Practice%20Math%20Facts.pdf)

Have fun playing and mastering facts with your child.

Financial Literacy

Penny, Nickel, Dime: In this game you will roll a dice 7 times. For every roll, you take that many pennies, nickels, dimes.

Whoever gets closest to \$1 without going over wins the game.

Please use the chart below to record your findings.

Students can utilize mental math strategies and financial literacy skills in order to improve fact fluency.

Dimes	Nickels	Pennies

Game on!