



Louise Arbour F.I. Newsletter

April 2025

Principal: S. Blais
Vice Principal: P. Hart
Secretary: S. Earls, S. Marques
Superintendent:
Tammy Vacante

Important Dates Coming Up

April 9 - Caribou Math Contest

April 10 - Matilda Show (Grade 4/5 -
Grade 7) at Cedar Hollow PS

April 15 - Neon Day: Wear your bright
colours to Welcome Spring

April 15 - School council meeting

April 17 - JK-3 Family Literacy/Math
Night from 3:30 - 5:00 p.m.

April 18 - Good Friday - No School

April 21 - Easter Monday - No School

April 23 & 24 - Track & Field Tryouts

April 25 - Popcorn Day

April 29 - Poetry Contest Deadline

May Important Dates

May 2 - Grade 7 Vaccine Clinic

Louise Arbour F.I.P.S.

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louisearbour@tvdsb.ca

Admin Message

Bonjour!

We would like to wish our students who participated in Ramadan a happy Eid! March marked the month of Ramadan, a time when Muslims fast from sunrise to sunset. It was lovely to see many of our students visit the Ramadan Club during the second lunch to support each other during this special month. Thank you to all of our educators who volunteered their time to help support this special time for our students.

Kindergarten to Grade 3 Families are invited to join us at the school on Thursday, April 17th from 3:30-5:00 p.m. for a literacy and math night. We are partnering with Investing in Children and the theme is Exploring the Enchanted Forest. We hope to see you there!

There are many events happening during the month of April for our students, including intermediate badminton, Dungeons and Dragons club, Growing Chefs, outdoor cleanups, forest school, field trips, show rehearsals and members of our school musical are participating at the TVDSB Dancefest! Our students are very excited to be participating in these activities!

We have a hybrid School Council meeting that is taking place on Tuesday, April 15th from 6:30 - 7:30 p.m. Please use the following [link](#) should you wish to join the meeting virtually. For those of you joining in person, we will meet in One World. This is a great opportunity to get involved in your child's school and interact with other parents from the area.

Mme. Blais & Mme. Hart

Investing in Children Presents
Family Literacy and Math Event
for JK to Grade 3 students and their families

Exploring the Enchanted Forest



Louise Arbour F.I. Public School
Thursday, April 17th, 2025
3:30pm - 5:00pm

Join us for activity stations, healthy snacks and door prizes!



www.investinginchildren.on.ca
Facebook @investinginchildren Instagram & X @InvestChildren

Poetry Month Celebrations

It is that time of year again...Poetry Month! Our annual poetry writing contests will run throughout the month of April. All students and staff are invited to take part in one or all of these creative writing activities. I know that we have some budding poets out there!

Poems can be written by individuals or in groups -class submissions are always welcome!

All entries must be *edited, original works and must be submitted to*

Mme Allen by Tuesday, April 29th. This year, all entries must be submitted in-person to Mme Allen in the Library Learning Commons. Students will be allowed to

submit a maximum of 3 individual/group poems; these are in addition to any class entries. Poems can be written in **English** or **French**. Please make sure that you include your name(s), grade and class on the bottom right corner of your submissions. Winning entries will be selected from every division: Primary (Grades 1-3), Junior (Grades 4-6) and Intermediate (Grades 7 & 8). A list of contest winners will be announced shortly thereafter.

All participants will earn **1 ballot** into the draw for a chance to win one of three **\$15.00 gift cards** to be spent at our school's **Spring Scholastic Book Fair** (April 28th-May 2nd). **Contest winners will earn an additional ballot into the final draw.** Prize winners will be announced on **Thursday, May 1st.**

Happy Writing Everyone...

Poetry Contest - Category #1 -Tuesday, April 1st - Tuesday, April 29th

Foci: ***Concrete (Shape) and Structured Poetry (acrostic, haiku, cinquain, etc.) Alliterations and shorter (8 lines or less) poems written in Rhyming Couplets***

Poetry Contest - Category #2 -Tuesday, April 1st - Tuesday, April 29th

Focus: ***Free Verse and longer (more than 8 lines) poems written in Rhyming Couplets***

****While students are welcome to submit any type of poem into the contest; they are encouraged to incorporate poetic structures and literary devices (i.e., similes, metaphors, onomatopoeia, personification) in their work.***



Spring Scholastic Book Fair April 28th – May 2nd



This year, students are invited to preview and purchase books in-person during the week of **Monday, April 28th to Friday, May 2nd.**

All purchases benefit our school and earn rewards that can be redeemed for books and educational resources for our school's classrooms and library learning commons.



Track and Field 2025

During the next few weeks, students in Grades 4-8 will have the opportunity to participate in Track & Field events during their Phys. Ed. classes, as well as training sessions during nutrition breaks. Top qualifying athletes will have the opportunity to compete in the **LAFI Track & Field Regional Team Qualifiers** to be held at school **April 23rd-24th, as well as during the second week in May.** Qualifiers for Ball Throw and 80/100m Sprints will be held in April, and all other event qualifiers will be held in May. The top 2 athletes in every event, per grade level, will be invited to participate in the **Northeast Regional Track & Field Meet** to be held at A. B. Lucas Secondary School on **Wednesday, May 21st (rain date Tuesday, May 27th).**

Important Dates:

LAFI Team Tryouts: April 23rd-24th and May 6th-8th

Northeast Regional Track & Field Meet: Wednesday, May 21st (rain date Tuesday, May 27th)

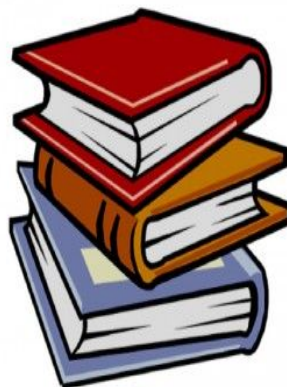
TVDSB Track & Field Finals: Tuesday, June 3rd (rain date June 4th)



Literacy

Are you looking for ways to support your child's early literacy development?

[TVDSB Early Literacy Guide for Families and Caregivers](#)



Math

Learning Math can be so much fun!

Try some [Primary Math Games!](#)



On apprend

ENSEMBLE



The Indigenous learning club meets three to four times a month with Mme Albert. Students from Grades 3/4 to 8, work together as a group to select a historical or cultural topic to learn about. The students then work together to research and prepare presentation slides with what they have learned and use these slides to teach the rest of the school during our monthly assemblies. Members of the club enjoy having a safe space to learn together and being able to share their learning with the school. For the month of April, we are learning about Indigenous dances and dancers. Students can look forward to some videos in the announcements leading up to the assembly!

Art Club

Check out some of the projects the Art Club has been working on!



School Council

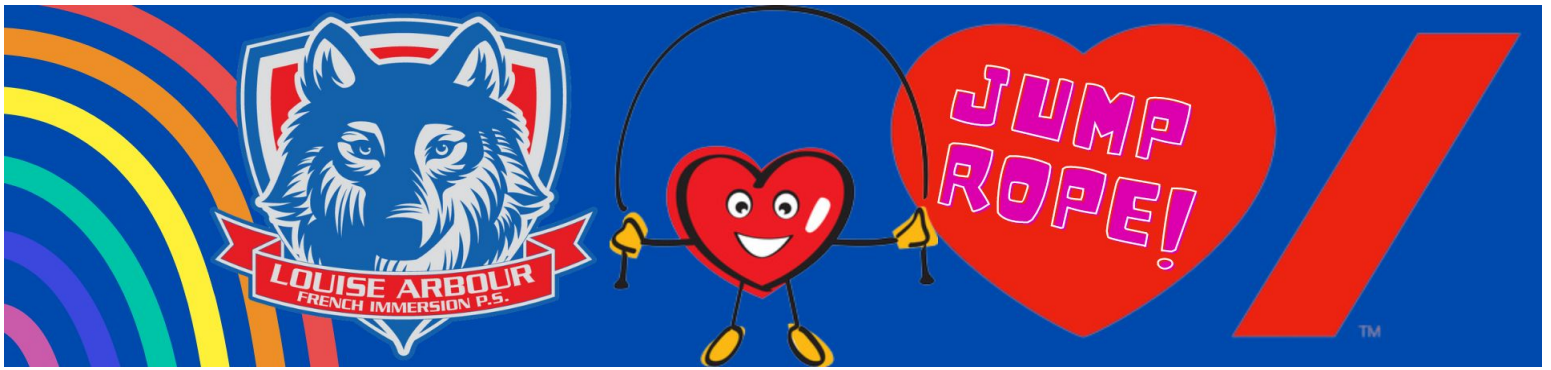
*School Council is thrilled to share that our monthly popcorn sales are making a real difference! Thanks to your support, we've raised an incredible \$3540. School Council members recently voted to allocate **\$1,620.14** toward outdoor equipment—bringing more fun to recess with new **balls, chalk, jump ropes, soccer balls, and basketballs** for our students to enjoy! Every bag of popcorn sold helps enhance our outdoor spaces, and we couldn't do it without you. Thank you for your continued support—stay tuned for more updates!*

The cast of High School Musical Jr will be attending the annual TVDSB DanceFest Showcase at the Board Office on Wed. April 30th! They will be performing during the morning session (10-11:30am), this will be a great opportunity to perform two of our Musical dance numbers in front of a big audience!

Way to go Wildcats!

Dance Festival

LIVE STREAM available @ www.tvdsb.ca






This month we are kicking off **Jump Rope for Heart!** Check out the info letter to find out how your student can be part of this important fundraising endeavour.

This event teaches our students the importance of giving back and encourages them to learn the EASY healthy habits, so they understand the importance of staying active, eating well and taking care of their heart and brain health.

The funds our school raises will help support important heart and brain research funded by Heart & Stroke. Let's work together as a school community and show how generous we can be! Our Event Date is scheduled for **Friday, May 9th.** Register online today [on our school page.](#)

Presenting Partner

Support heart health with Jump Rope for Heart

Our school is participating in Jump Rope for Heart – a fundraiser that will encourage our students to get active, build healthy habits and give back.

Here's why we're participating

1. Money raised by our school helps Heart & Stroke drive important heart and brain research that will save lives, prevent heart disease and stroke and support families living with these conditions.
2. Jump is an inclusive event for all abilities to get kids moving and help them discover new and exciting ways to get active.
3. Students learn the EASY Healthy Habits that they can use to keep their hearts and brains healthy and help reduce their risk of developing heart disease and stroke later in life.
4. Jump gives back! Students can earn thank you gift cards from Indigo, Amazon or Walmart based on their fundraising level as a heartfelt thank you for their hard work.

How does Jump Rope for Heart work?

At School:

- Starting today, we'll be practicing some awesome skipping and heart-pumping activities!
- We'll be learning about Heart & Stroke's Easy Healthy Habits to keep our hearts and brains strong and healthy to help prevent heart disease and stroke.
- It all leads up to our Jump Event Day, where we'll celebrate what we've learned and the funds we've raised with fun jump rope stations, games, activities, and more. It's going to be a blast!


At home:

- You can help support lifesaving research by collecting donations from family and friends.
- There is no cost to participate.
- Fundraising starts now until our Jump Event Day
- Jump Rope for Heart uses an online fundraising platform. To register, create a personalized fundraising page for your child using the link below.
- When you register, you'll also get:
 - Helpful fundraising tips and ideas
 - Information and tools about the EASY Healthy Habits
 - Insights into Heart & Stroke's life-saving work

Our Jump Event Day is:
Friday, May 16th, 2025

To learn more about Jump Rope for Heart visit jumpropeforheart.ca

Register Now!
<https://jumpropeforheart.crowdchange.ca/879/>
 or visit jumpropeforheart.ca/registration and search for your school



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Note to All:

We have noticed an increased use of perfumes and body sprays in the school. If we could please have students refrain from bringing sprays to school and to only use rub on deodorant, that would be great! We need to think of everyone's health that attends our school. Thank you for working with us to maintain a healthy school environment!

We Share The Air

The Thames Valley District School Board is committed to providing a healthy and safe environment for all individuals. The presence of fragrances presents an indoor air quality concern, as individuals may be hypersensitive to chemical-based scented products (including fragrances) and upon exposure they may experience dizziness, nausea, headaches, rashes, etc. Perfume, cologne, scented hair spray and other aromatic products may induce these health concerns, thus persons entering TVDSB buildings such as our school, should refrain from using such scented products.



THIS IS A SCENT-REDUCED AREA



Bullying Prevention in Action: Stress Management

Week of March 31, 2025

Spring is a time for new beginnings, making it a great time to take care of our mental well-being. Stress is a normal part of life, especially when things are uncertain. Changes in routines, schoolwork, social challenges, and personal experiences can make stress worse.

As parents and caregivers, you may notice changes in behaviours and emotions that could be potential signs of a mental health concern.

Ask yourself:

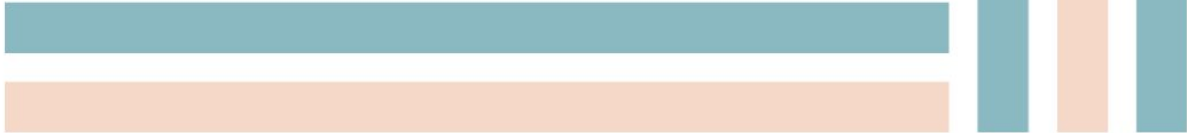
- Are these behaviours and emotions out of character for my child?
- Are they making it hard for my child to enjoy everyday life?
- Are they impacting our family life?
- Are they getting in the way of my child's progress at school?
- Are they happening more often?
- Are they more intense?
- Are they lasting longer?



Seek Support:



[By Your Side Toolkit](#)
[Community Supports](#)
[School Mental Health Ontario for Students](#)



LOUSIE ARBOUR FUNDRAISER

MABEL'S LABELS

Mabel's Labels are durable, personalized, waterproof labels that are great for everything from water bottles to backpacks to clothing and shoes. An easy way to keep everything out of the lost and found.

Support our Kindergarten program by purchasing labels through our campaign.

LOUSIE ARBOUR FRENCH IMMERSION--KINDERGARTEN (LONDON)



Louise Arbour



OPEN HOUSE



Kindergarten

Tuesday, May 27th
3:15 - 4pm

Grade One

Wednesday, May 28th
3:15 - 4pm



 365 Belfield Street

join us!



BABYSITTING

basics

BECOME A CONFIDENT BABYSITTER!
1-DAY COURSE FOR YOUTH AGED 11-15

Learn about: becoming a babysitter, handling emergencies, safe play, bedtime routines, and more!



Dates: April 11, May 30, June 14, June 27

Time: 8:30am - 4:00pm

Cost: \$75.00



St. John Ambulance

HOME ALONE

PREPARE FOR INDEPENDENCE!
1-DAY COURSE FOR YOUTH AGED 10+

Learn about: phone calls and visitors, recognizing hazards, fire safety, calling 911 and more!



Dates: May 30, June 14, June 27

Time: 9:00am - 4:00pm

Cost: \$70



TO REGISTER CALL 519-432-1352

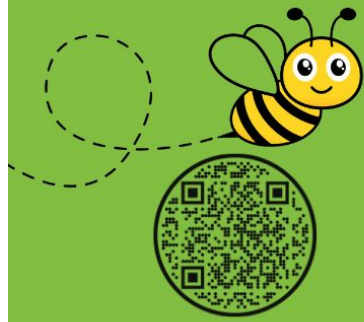


LOCATION: 741 KING ST, LONDON, ON

More dates will be added for July and August. Call or visit sja.ca.

Saturday APRIL 26
11 AM - 4 PM

CENTRAL LIBRARY | CITI PLAZA



EARTH FEST LONDON

★ 100+ VENDORS & EXHIBITORS

★ INTERACTIVE EXHIBITS

★ ARTISTS & ACTIVITIES

★ DROP-IN CONVERSATION CAFE

- ★ Face Painting - All Things Bronagh
- ★ Water Ceremony - Tracey Whiteye
- ★ Free Indoor Bike Valet

- ★ Science Rendezvous Interactive DIY Project
- ★ Complete the Scavenger Hunt Passport to win a prize

- ★ Dr Jennifer Penney - Living in Stormy Weather
- ★ Heather O'Shea - Climate Smart Gardening
- ★ Environmental Education Panel
- ★ Green Jobs Roundtable



SALTHAVEN WILDLIFE
AMBASSADORS



EAGLE FLIGHT SINGERS



MAGGIE MAC NEIL
GUEST READER "THE
LORAX"



THE BARRYO KIDSHOW



MAKAILA STEVENS
PARTICIPATORY ART
PROJECT

CELEBRATING ENVIRONMENTAL ACTION IN LONDON

IN COLLABORATION WITH N'AMERIND FRIENDSHIP CENTRE



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OUR PARTNERS



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